



Through Attitude, Towards Fulfilment

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Abstract:

In a very sharp way of seeing daily reality I have the tendency of putting it like this: “Today, psychiatry is misdirected. Depression is not the main problem and will not be the biggest burden in the immediate future. Depression is a symptom of a bigger social problem. Personality disorder (PD) is the main problem and a reason for depression. On the other hand, psychiatry is powerless in relation with PD. It even has a tendency to bury the problem under the cultural particularity of a nation or of a social group. It seems, the natural development of the human being is becoming a burden, because of the lack of resources that psychiatry (society) has, in dealing (handling) with PD.” In a very peaceful, warm way of seeing daily reality I have the ground of putting it like this: “We are different. Our mind has a large variety in perceiving, understanding and answering to the world around. Some of us tend to decide on a problem, a question that we encounter, in a very sharp, rigid, way. Some tend to oscillate a lot. Many of us use this, two variations, in alternation, based on situation ground: (very) rigid at work, (very) oscillating with close ones or the other way around, as an example. One seems to have trust, power, the other doubt, and weakness.” We can very easily see these two decisions making mechanisms to dominate the psychopathic structure or the neurotic structure. What is very hard to see is the value of them both, the error we make when we understand them, when we give them no social meaning and secondary a social role, a value. It is not a bad, an illness to be psychopath or neurotic, it is bad, wrong or ill the way we behave with that because we neglect the value of emotions, the need for active dedication in order to develop emotional maturity, consolidated feelings (sentiments) of trust (vertrauen), love (liebe), loyalty (treue) and their successor and consolidator: fulfilment (erfüllung).

Keywords

Psychopathic Structure, Neurotic Structure, Fulfilment