



The Role of Psychosocial Intervention on the Course of the Disease in Persons with Severe Mental Disorders

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Abstract:

Background: Data from literature emphasized the role of different interventions during the evolution of mental health disorders, out of which psychosocial approach had proved its efficacy and efficiency.

Aims: The current study is covering the cases of 220 people with severe mental disorders, classified by International Classification of Diseases with the following diagnoses: F06.2, F06.3, F10.51, F11.5, F20.0, F20.6, F22.0, F23.1, F25.2, F30.2, F31.6, F32.1, F33.2. The age of the patients in the study is between 18 and 71. Their family status and support are the main criteria. The patients were having their compulsory treatment in psychiatric facilities in Sofia city and Sofia region. Within the period from 2013 to 2015, their use of the service of psychosocial rehabilitation and compulsory treatment has been monitored.

Method: The analysis was based on data collected from the medical reports of patients. The SPSS software was used for statistical processing of the collected data. The following methods (assays) are used in this study: descriptive statistics, frequency analysis; analysis of variance; correlation analysis;

Results and Discussion: There are psychosocial and demographic factors for patients with mental disorder, which will be observed below. Some of them may affect the treatment of the patients.

Conclusion: The results obtained using variance analysis support the hypothesis that there is a difference between the number of rehospitalizations and the number of conducted psychosocial rehabilitations. The assumption that there is a difference in the number of re-hospitalizations due to factors such as disability, age, diagnosis, education, family status, has not been confirmed in the present study, which can only emphasize the significance and importance of the psychosocial rehabilitation.

Keywords

Severe Mental Disorders, Social Factors, Family Support, Psychosocial Rehabilitation, Psychosocial Intervention